

## Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

### 9 YEARS & UNDER - SHORT COURSE RECORDS

Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
National Arena League - West Midlands Round 1	09/10/2021	Leone Bandini	35.36	50m Free	34.36	Emily Ford	17/03/2012	Oxon & North Bucks County Championships
Maxwell Summer Meet	19/06/2011	Oliver Hodgson	1:22.02	100m Free	1:18.97	Amber Paul	30/11/2019	City of Oxford November Meet
Tigersharks Last Chance	24/05/2008	Michael Fabes	2:51.81	200m Free	2:46.11	Emily Ford	17/03/2012	Oxon & North Bucks County Championships
Tigersharks Last Chance	25/05/2008	Michael Fabes	5:59.19	400m Free	6:12.98	Rhiannan Lillistone	18/05/2018	AVSC May Club Championships
Abingdon Vale Level X	05/07/2021	Leone Bandini	14:48.66	800m Free	15:44.06	Ruby Holmes-Brown	05/07/2021	Abingdon Vale Level X
Vacant Record				1500m Free				Vacant Record
Maxwell Sprint Meet 2017	05/11/2017	Ralph Allen	40.24	50m Back	37.98	Emily Ford	11/03/2012	Oxon & North Bucks County Championships
Abingdon Vale Autumn Club Champs	03/11/2017	Ralph Allen	1:30.43	100m Back	1:23.74	Rhiannan Lillistone	23/06/2018	Hatfield Summer Meet 2018
Abingdon Vale Autumn Club Champs	17/11/2017	Ralph Allen	3:06.53	200m Back	2:58.08	Emily Ford	11/12/2011	Maxwell SC Christmas Meet
Abingdon Vale Club Champ	01/12/2021	Leone Bandini	47.02	50m Breast	44.53	Jana Cooper Marcos	17/03/2013	Oxon & North Bucks County Championships
Tigersharks Last Chance	24/05/2008	Michael Fabes	1:42.63	100m Breast	1:45.66	Emma Turnbull	04/02/2023	Oxon & North Bucks County Championships
Tigersharks Last Chance	24/05/2008	Michael Fabes	3:38.39	200m Breast	3:30.84	Jana Cooper Marcos	20/04/2013	City of Milton Keynes SC Sping Open
National Arena League - West Midlands Round 1	09/10/2021	Leone Bandini	39.50	50m Butterfly	36.32	Emily Ford	10/03/2012	Oxon & North Bucks County Championships
Vacant Record				100m Butterfly	1:33.23	Rhiannan Lillistone	15/07/2018	COSC L3 Meet
Vacant Record				200m Butterfly				Vacant Record
Maxwell Sprint Meet 2017	05/11/2017	Ralph Allen	1:32.55	100m IM	1:26.34	Emily Ford	17/03/2012	Oxon & North Bucks County Championships
Tigersharks Last Chance	25/05/2008	Michael Fabes	3:17.58	200m IM	3:03.28	Emily Ford	10/03/2012	Oxon & North Bucks County Championships
Tigersharks Last Chance	25/05/2008	Michael Fabes	6:58.88	400m IM				Vacant Record
Thames Valley Junior League 2015 - Round 1	10/01/2015	Johnny James Finn Law Imran Faruq Will D'Arcy	1:13.47	Relay 4x25m Freestyle	1:12.28	Bethan Lillistone Imogen McCaig Olivia Mathieson Liesel De Reuver	23/04/2016	Thames Valley Junior League 2016 - Round 3
Thames Valley Junior League 2019 - Round 3	27/04/2019	Irfan Sampurno Gabriel Wornham Tom Spokes Ewan Shayler	1:21.67	Relay 4x25m Medley	1:23.66	Bethan Lillistone Imogen McCaig Madeline Crumbaugh Olivia Matthieson	27/02/2016	Thames Valley Junior League 2016 - Round 1



## Abingdon Vale Swimming Club - Short Course Records

as @ 16th February 2024

10 YEARS & UNDER - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
Team Luton Autumn Short Course Meet	24/10/2015	Felix Sissins-Roffey	29.73	50m Free	32.28	Emily Ford	16/03/2013	Oxon & North Bucks County Championships
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	1:05.93	100m Free	1:11.47	Merel Hijink	09/03/2014	Oxon & North Bucks County Championships
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	2:24.23	200m Free	2:31.90	Emily Ford	16/03/2013	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	22/02/2009	Michael Fabes	5:32.14	400m Free	5:31.48	Nienke Lijzenga	31/05/2009	Tigersharks Last Chance
Unknown	19/01/2009	Michael Fabes	11:38.80	800m Free	11:22.49	Nienke Lijzenga	08/07/2009	Unknown
Reading Easter Open	10/04/2009	Michael Fabes	21:31.47	1500m Free	25:12.28	Nienke Lijzenga	12/01/2009	Unknown
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	34.63	50m Back	34.36	Emily Ford	10/03/2013	Oxon & North Bucks County Championships
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	1:15.64	100m Back	1:14.85	Emily Ford	16/03/2013	Oxon & North Bucks County Championships
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	2:42.40	200m Back	2:39.52	Emily Ford	10/03/2013	Oxon & North Bucks County Championships
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	41.30	50m Breast	41.00	Olivia Elder	14/12/2002	Unknown
Team Luton Autumn Short Course Meet	24/10/2015	Felix Sissins-Roffey	1:32.09	100m Breast	1:28.87	D Carter	02/05/1996	Unknown
Oxon & North Bucks County Championships	08/03/2009	Michael Fabes	3:20.67	200m Breast	3:16.90	Olivia Elder	24/11/2002	Oxford City Leisure Open Meet
Team Luton Autumn Short Course Meet	24/10/2015	Felix Sissins-Roffey	33.63	50m Butterfly	33.57	Emily Ford	09/03/2013	Oxon & North Bucks County Championships
Aquae Sulis Grand Prix - Bristol	21/11/2015	Felix Sissins-Roffey	1:19.49	100m Butterfly	1:18.04	Emily Ford	17/03/2013	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	07/03/2010	Joseph Law	3:20.53	200m Butterfly	2:56.40	Merel Hijink	16/03/2014	Oxon & North Bucks County Championships
CMKSC 4th Annual Development (Level 3)	20/09/2015	Felix Sissins-Roffey	1:19.24	100m IM	1:19.52	Emily Ford	16/03/2013	Oxon & North Bucks County Championships
Team Luton Autumn Short Course Meet	24/10/2015	Felix Sissins-Roffey	2:49.41	200m IM	2:49.75	Emily Ford	09/03/2013	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	22/02/2009	Michael Fabes	6:25.97	400m IM	6:31.31	Rhiannan Lillistone	07/06/2019	AVSC Early Summer Club Champs June 2019
Unknown	26/06/1993	J Sweeney M Moores C Styles G Styles	1:07.41	Relay 4x25m Freestyle	1:04.47	Lottie James Alice Martin Jana Cooper Marcos Merel Hijink	01/03/2014	Thames Valley Junior League 2014 - Round 3
Oxon & North Bucks County Championships	13/03/2010	Joseph Law Oliver Lovibond Lochlan King Max Authers	2:24.05	Relay 4x50m Freestyle	2:20.51	Lottie James Alice Martin Jana Cooper Marcos Merel Hijink	16/02/2014	Oxon & North Bucks County Championships
Thames Valley Junior League 2015 - Round 3	28/02/2015	Finn Law Sam Cruttenden Felix Sissins-Roffey Aiden Casey	1:13.40	Relay 4x25m Medley	1:12.47	Lottie James Jana Cooper Marcos Merel Hijink Alice Martin	01/03/2014	Thames Valley Junior League 2014 - Round 3
Unknown	08/05/1993	J Sweeney M Moores C Styles G Styles	2:49.77	Relay 4x50m Medley	2:35.39	Lottie James Jana Cooper Marcos Merel Hijink Alice Martin	16/02/2014	Oxon & North Bucks County Championships

# Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

## 11 YEARS & UNDER - SHORT COURSE RECORDS

Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
Maxwell Swim Club June 2016 L3 Meet	25/06/2016	Felix Sissins-Roffey	28.84	50m Free	29.10	Yasmin Tajalli	16/03/2013	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	14/02/2016	Felix Sissins-Roffey	1:05.57	100m Free	1:04.70	Emily Ford	09/03/2014	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2013	Oliver Hodgson	2:23.76	200m Free	2:21.30	Emily Ford	15/03/2014	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	17/03/2013	Oliver Hodgson	5:06.06	400m Free	5:07.53	Nienke Lijzenga	24/01/2010	Maxwell January Meet
COSC L3 Meet	13/07/2018	Edgar Stepliuk	10:28.91	800m Free	10:22.73	Nienke Lijzenga	14/02/2010	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	14/02/2010	Michael Fabes	20:30.21	1500m Free	25:12.28	Nienke Lijzenga	12/01/2009	Unknown
Oxon & North Bucks County Championships	14/02/2016	Felix Sissins-Roffey	33.75	50m Back	32.16	Emily Ford	09/03/2014	Oxon & North Bucks County Championships
COSC L3 Meet	14/07/2018	Edgar Stepliuk	1:13.51	100m Back	1:09.68	Emily Ford	15/03/2014	Oxon & North Bucks County Championships
Gloucester City Autumn Level 2 Open Meet	20/10/2018	Edgar Stepliuk	2:36.57	200m Back	2:27.27	Emily Ford	09/03/2014	Oxon & North Bucks County Championships
Gloucester City Autumn Level 2 Open Meet	20/10/2018	Edgar Stepliuk	37.88	50m Breast	37.15	Olivia Elder	07/12/2003	Oxford City Leisure Meet
Gloucester City Autumn Level 2 Open Meet	20/10/2018	Edgar Stepliuk	1:21.83	100m Breast	1:25.25	Alice Martin	07/02/2015	Oxon & North Bucks County Championships
Hatfield Summer Meet 2018	24/06/2018	Edgar Stepliuk	2:56.09	200m Breast	3:06.74	Olivia Elder	07/12/2003	Oxford City Leisure Meet
Maxwell Swim Club June 2016 L3 Meet	26/06/2016	Felix Sissins-Roffey	32.46	50m Butterfly	30.50	Emily Ford	08/03/2014	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2014	Max Bolcato	1:16.52	100m Butterfly	1:09.49	Emily Ford	16/03/2014	Oxon & North Bucks County Championships
City of MK SC 12th Annual End of Season L3	21/06/2014	Max Bolcato	3:01.69	200m Butterfly	2:50.71	Emily Ford	04/01/2014	Abingdon Vale Level 3 Open Meet
Maxwell Swim Club June 2016 L3 Meet	26/06/2016	Felix Sissins-Roffey	1:14.27	100m IM	1:14.64	Emily Ford	15/03/2014	Oxon & North Bucks County Championships
Gloucester City Autumn Level 2 Open Meet	20/10/2018	Edgar Stepliuk	2:42.98	200m IM	2:39.10	Emily Ford	08/03/2014	Oxon & North Bucks County Championships
AVSC Summer Sizzler Club Championships	10/07/2018	Edgar Stepliuk	5:41.00	400m IM	5:49.38	Nienke Lijzenga	21/02/2010	Oxon & North Bucks County Championships
Thames Valley Junior League 2019 - Round 2	30/03/2019	Ned Pullen Kai Wilkinson Dougie Drysdale Ralph Allen	1:00.34	Relay 4x25m Freestyle	0:59.37	Bethan Lillistone Liesel De Reuver Kelsey Sym Amber Freeman	21/04/2018	Thames Valley Junior League 2018 - Round 3
Oxon & North Bucks County Championships	10/01/2016	Sebastian Rawes Sam Cruttenden Benjamin Wright Felix Sissins-Roffey	2:06.56	Relay 4x50m Freestyle	2:07.62	Rhiannan Lillistone Millie Davis-Gill Elizabeth Elliott Luci Foxall-Yap	14/12/2019	National Arena League - West Midlands Round 3
Thames Valley Junior League 2016 - Round 3	23/04/2016	Ollie Devetta Sam Cruttenden Felix Sissins-Roffey Alex Cooper Marcos	1:08.16	Relay 4x25m Medley	1:06.93	Amber Freeman Bethan Lillistone Kelsey Sym Liesel De Reuver	21/04/2018	Thames Valley Junior League 2018 - Round 3
Oxon & North Bucks County Championships	10/01/2016	Sebastian Rawes Sam Cruttenden Felix Sissins-Roffey Benjamin Wright	2:20.48	Relay 4x50m Medley	2:18.86	Rhiannan Lillistone Hollie Dickinson Elizabeth Elliott Luci Foxall-Yap	18/01/2020	Oxon & North Bucks County Championships

## Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

12 YEARS & UNDER - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
Christine Rennie Memorial Meet	26/06/2022	Gabriel Wornham	28.00	50m Free	28.07	Yasmin Tajalli	09/02/2014	Oxon & North Bucks County Championships
Gloucester Autumn Open Meet	19/10/2019	Edgar Stepliuk	1:01.46	100m Free	1:01.16	Emily Ford	08/02/2015	Oxon & North Bucks County Championships
Gloucester City Level 3 Open Meet	12/07/2015	Daniel McNamara	2:14.44	200m Free	2:13.33	Emily Ford	14/02/2015	Oxon & North Bucks County Championships
Gloucester City Spring Meet 2018	24/03/2018	Joshua Tucker	4:50.17	400m Free	4:46.86	Emily Ford	05/11/2014	Unknown
AVSC Summer Club Champs June 2019	14/06/2019	Edgar Stepliuk	10:13.94	800m Free	09:59.32	Lottie James	25/11/2016	City of Oxford L3 November Meet
COSC L3 Meet	13/07/2018	Joshua Tucker	19:06.61	1500m Free	19:38.78	Kelsey Sym	05/07/2019	AVSC July Club Championships 2019
Hatfield National Qualifier – Summer meet	19/06/2022	Alfie Ambler	32.18	50m Back	30.79	Emily Ford	08/02/2015	Oxon & North Bucks County Championships
Swim England National County Team 2019	06/10/2019	Edgar Stepliuk	1:08.08	100m Back	1:05.90	Emily Ford	14/02/2015	Oxon & North Bucks County Championships
Hatfield Summer Meet 2019	30/06/2019	Edgar Stepliuk	2:28.52	200m Back	2:20.94	Emily Ford	08/02/2015	Oxon & North Bucks County Championships
Abingdon Vale Level X	04/11/2020	Adrien Storck-Wihlidal	35.64	50m Breast	36.59	Lottie James	05/11/2016	Welsh Capital Open Meet
Christine Rennie Memorial Meet	26/06/2022	Gabriel Wornham	1:18.06	100m Breast	1:18.45	Lottie James	16/07/2016	City of Oxford Level 3 Meet
Gloucester Autumn Open Meet	19/10/2019	Edgar Stepliuk	2:43.97	200m Breast	2:50.15	Lottie James	27/11/2016	City of Oxford L3 November Meet
Oxford End of Season Meet 2022	09/07/2022	Alfie Ambler	30.18	50m Butterfly	28.75	Emily Ford	07/02/2015	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	08/02/2015	Max Bolcato	1:10.00	100m Butterfly	1:04.84	Emily Ford	15/02/2015	Oxon & North Bucks County Championships
Swim Bournemouth 5th Annual Open Meet	28/03/2015	Max Bolcato	2:35.75	200m Butterfly	2:26.50	Emily Ford	15/02/2015	Oxon & North Bucks County Championships
COSC Summer Sizzler	14/07/2019	Edgar Stepliuk	1:11.63	100m IM	1:10.79	Bethan Lillistone	13/06/2019	Hatfield Summer Meet 2019
COSC Summer Sizzler	14/07/2019	Edgar Stepliuk	2:31.06	200m IM	2:29.68	Emily Ford	07/02/2015	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	18/02/2015	Daniel McNamara	5:26.35	400m IM	5:27.33	Lottie James	16/07/2016	City of Oxford Level 3 Meet
Thames Valley Junior League 2015 - Round 3	28/02/2015	Cameron Bullock Rhys Williams Max Bolcato Daniel McNamara	0:55.86	Relay 4x25m Freestyle	56.65	Amber Freeman Bethan Lillistone Kelsey Sym Liesl De Reuver	30/03/2019	Thames Valley Junior League 2019 - Round 2
Oxon & North Bucks County Championships	10/01/2016	Sebastian Rawes Sam Cruttenden Benjamin Wright Felix Sissins-Roffey	2:06.56	Relay 4x50m Freestyle	2:00.01	Emily Ford Yasmin Tajalli Zoe Lovibond Leonie Watson	16/02/2014	Oxon & North Bucks County Championships
Thames Valley Junior League 2016 - Round 1	27/02/2016	Sebastian Rawes Thomas Wilsher Felix Sissins-Roffey Joshua Brett	1:03.60	Relay 4x25m Medley	1:02.62	Amber Freeman Bethan Lillistone Kelsey Sym Liesl De Reuver	02/03/2019	Thames Valley Junior League 2019 - Round 1
Oxon & North Bucks County Championships	10/01/2016	Sebastian Rawes Sam Cruttenden Felix Sissins-Roffey Benjamin Wright	2:20.48	Relay 4x50m Medley	2:15.79	Emma Costello Charlotte Rowley Emily Ford Yasmin Tajalli	16/02/2014	Oxon & North Bucks County Championships

## Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

13 YEARS & UNDER - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
Abingdon Vale Level X	02/11/2020	Edgar Stepliuk	26.15	50m Free	27.25	Yasmin Tajalli	06/12/2014	ASA South East Region Champs
Abingdon Vale Level X	04/11/2020	Edgar Stepliuk	56.99	100m Free	1:01.16	Emily Ford	08/02/2015	Oxon & North Bucks County Championships
WWHSC & AVSC 200m Joint Club Champs	11/06/2016	Max Bolcato	2:07.47	200m Free	2:13.20	Lottie James	26/11/2017	Wycombe County & Regional Qualifier
Oxon & North Bucks County Championships	17/01/2016	Max Bolcato	4:31.41	400m Free	4:42.11	Lottie James	14/01/2018	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	12/01/2019	Joshua Tucker	09:39.23	800m Free	09:40.31	Olivia Law	17/02/2008	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	05/01/2019	Joshua Tucker	18:34.55	1500m Free	19:13.84	Phoebe Paul	05/01/2019	Oxon & North Bucks County Championships
Abingdon Vale Level X	03/11/2020	Edgar Stepliuk	30.26	50m Back	30.29	Lottie James	08/10/2017	Swim England National County Team Div 1
Abingdon Vale Level X	02/11/2020	Edgar Stepliuk	1:05.40	100m Back	1:05.84	Lottie James	08/10/2017	Swim England National County Team Div 1
WWHSC & AVSC 200m Joint Club Champs	11/06/2016	Max Bolcato	2:21.59	200m Back	2:20.94	Emily Ford	08/02/2015	Oxon & North Bucks County Championships
ASA South East Region Open & Junior Meet	01/12/2012	David Murphy	32.15	50m Breast	35.02	Amber Freeman	16/02/2020	Oxon & North Bucks County Championships
BG ASA National County Team Div 1	21/10/2012	David Murphy	1:10.18	100m Breast	1:17.00	Elena Blake	05/02/2022	Oxon & North Bucks County Championships
Swim England South East - Winter Champ	05/11/2023	Ziyang Yang	2:36.21	200m Breast	2:45.59	Lottie James	25/11/2017	Wycombe County & Regional Qualifier
Oxon & North Bucks County Championships	11/05/2023	Alfie Ambler	28.60	50m Butterfly	28.75	Emily Ford	07/02/2015	Oxon & North Bucks County Championships
Hatfield Golden Jubilee Gala	26/06/2016	Max Bolcato	1:02.95	100m Butterfly	1:04.81	Emily Ford	07/11/2015	ASA South East Region Winter Champs 2015
Oxon & North Bucks County Championships	07/02/2016	Max Bolcato	2:19.37	200m Butterfly	2:26.50	Emily Ford	15/02/2015	Oxon & North Bucks County Championships
Hatfield Golden Jubilee Gala	25/06/2016	Max Bolcato	1:06.83	100m IM	1:09.04	Lottie James	11/02/2017	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	13/02/2016	Max Bolcato	2:22.05	200m IM	2:28.63	Lottie James	24/06/2017	Hatfield Summer Meet 2017
Oxon & North Bucks County Championships	17/01/2016	Max Bolcato	5:02.27	400m IM	5:13.50	Lottie James	14/01/2018	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	07/01/2023	Alfie Ambler Zac Stoddart Henry Purcell Gabriel Wornham	1:52.67	Relay 4x50m Freestyle	1:57.19	Amber Freeman Kelsey Sym Bethan Lillistone Lucy Fox	12/10/2019	National Arena League - West Midlands Round 1
Oxon & North Bucks County Championships	07/01/2023	Zac Stoddart Gabriel Wornham Alfie Ambler Henry Purcell	2:04.88	Relay 4x 50m Medley	2:09.70	Amber Freeman Bethan Lillistone Kelsey Sym Liesl De Reuver	18/01/2020	Oxon & North Bucks County Championships

## Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

14 YEARS & UNDER - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
SE South East Open/Junior Swimming Champions	06/11/2021	Edgar Stepliuk	24.87	50m Free	27.12	Yasmin Tajalli	20/12/2015	ASA Winter Meet
Hart Autumn Meet	31/10/2021	Edgar Stepliuk	55.46	100m Free	58.77	Shannon Motha	10/03/2013	Oxon & North Bucks County Championships
Maxwell October Meet	03/10/2021	Edgar Stepliuk	2:03.69	200m Free	2:10.07	Shannon Motha	07/12/2013	ASA South East Region Winter Championships
Unknown	30/10/2013	David Murphy	4:24.77	400m Free	4:37.53	Olivia Law	31/05/2009	Tigersharks Last Chance
City of Oxford November Level 3 Meet	29/11/2019	Joshua Tucker	09:33.69	800m Free	09:22.67	Olivia Law	10/04/2009	Reading Easter Open
Oxon & North Bucks County Championships	11/01/2020	Joshua Tucker	18:08.32	1500m Free	18:52.34	Imogen West	20/06/2007	Unknown
Oxon & North Bucks County Championships	15/02/2015	Luke Wilby	29.19	50m Back	29.81	Lottie James	14/12/2018	SE Winter Championships 2018
Oxon & North Bucks County Championships	12/03/2011	Niall O'Leary	1:02.29	100m Back	1:04.12	Lottie James	04/11/2018	Swim England South East Open & Junior Champs
CO Milton Keynes Annual Spring Open Meet	25/04/2015	Luke Wilby	2:12.82	200m Back	2:20.21	Lottie James	03/11/2018	Swim England South East Open & Junior Champs
ASA South East Region Winter Championships	07/12/2013	David Murphy	30.35	50m Breast	34.96	Ellie Nutt	08/12/2013	ASA South East Region Winter Championships
ASA South East Region Winter Championships	07/12/2013	David Murphy	1:06.05	100m Breast	1:15.34	Ellie Nutt	07/12/2013	ASA South East Region Winter Championships
ASA South East Region Winter Championships	07/12/2013	David Murphy	2:27.21	200m Breast	2:42.57	Ellie Nutt	08/12/2013	ASA South East Region Winter Championships
Guildford City Level 2 Winter Open Meet	18/11/2023	Alfie Ambler	27.91	50m Butterfly	28.75	Emily Ford	07/02/2015	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	10/03/2013	David Murphy	1:02.63	100m Butterfly	1:04.81	Emily Ford	07/11/2015	ASA South East Region Winter Champs 2015
Oxon & North Bucks County Championships	07/02/2016	Max Bolcato	2:19.37	200m Butterfly	2:26.50	Emily Ford	15/02/2015	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2013	David Murphy	1:02.93	100m IM	1:06.70	Lottie James	15/12/2018	SE Winter Championships 2018
ASA South East Region Winter Championships	07/12/2013	David Murphy	2:14.69	200m IM	2:25.38	Lottie James	03/02/2018	Oxon & North Bucks County Championships
ASA South East Region Winter Championships	07/12/2013	David Murphy	4:44.41	400m IM	5:09.37	Lottie James	24/06/2018	Hatfield Summer Meet 2018
National Arena League - West Midlands Round 1	14/10/2023	Alfie Ambler Gabriel Wornham Christopher Williams Zac Stoddart	1:49.37	Relay 4x50m Freestyle	1:57.19	Amber Freeman Kelsey Sym Bethan Lillistone Lucy Fox	12/10/2019	National Arena League - West Midlands Round 1
Oxon & North Bucks County Championships	03/02/2024	Zac Stoddart Gabriel Wornham Alfie Ambler Christopher Williams	1:59.20	Relay 4x 50m Medley	2:07.26	Lottie James Natalia Druett Pia Forrestal Jana Cooper Marcos	15/01/2017	Oxon & North Bucks County Championships



## Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

15 YEARS & UNDER - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
SE South East Open/Junior Swimming Champions	05/11/2022	Edgar Stepliuk	24.27	50m Free	27.03	Jana Copper Marcos	16/02/2019	Oxon & North Bucks County Championships
Winchester Autumn Qualifier	15/10/2022	Edgar Stepliuk	53.55	100m Free	58.77	Shannon Motha	10/03/2013	Oxon & North Bucks County Championships
Winchester Autumn Qualifier	16/10/2022	Edgar Stepliuk	1:59.35	200m Free	2:09.06	Shannon Motha	15/03/2014	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	19/02/2012	Niall O'Leary	4:18.88	400m Free	4:35.51	Olivia Law	08/11/2009	South East Winter Champs
City of Oxford November Level 3 Meet	29/11/2019	Joshua Tucker	09:33.69	800m Free	09:22.67	Olivia Law	10/04/2009	Reading Easter Open
Oxon & North Bucks County Championships	08/01/2017	Oliver Hodgson	17:39.59	1500m Free	18:52.34	Imogen West	20/06/2007	Unknown
SE South East Open/Junior Swimming Champions	05/11/2022	Edgar Stepliuk	27.82	50m Back	29.23	Lottie James	07/12/2019	Swim England National Winter Champs 2019
Torfaen SC Open Meet 2012	23/06/2012	Niall O'Leary	58.68	100m Back	1:04.12	Lottie James	04/11/2018	Swim England South East Open & Junior Champs
Oxon & North Bucks County Championships	18/03/2012	Niall O'Leary	2:06.82	200m Back	2:20.11	Lottie James	02/11/2019	SE Winter Championships 2019
Oxon & North Bucks County Championships	09/03/2014	David Murphy	29.57	50m Breast	33.49	Natalia Druett	04/11/2018	Swim England South East Open & Junior Champs
Oxon & North Bucks County Championships	15/03/2014	David Murphy	1:04.83	100m Breast	1:11.41	Natalia Druett	03/11/2018	Swim England South East Open & Junior Champs
Oxon & North Bucks County Championships	09/03/2014	David Murphy	2:24.56	200m Breast	2:30.84	Natalia Druett	16/12/2018	SE Winter Championships 2018
Gloucester Autumn Open Meet	19/10/2019	Sebastian Rawes	26.42	50m Butterfly	28.75	Emily Ford	07/02/2015	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2014	David Murphy	59.64	100m Butterfly	1:03.13	Caitlin Wheatley	17/03/2013	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	11/03/2012	Oliver Baboolal	2:16.55	200m Butterfly	2:16.45	Caitlin Wheatley	02/12/2012	ASA South East Region Open & Junior Meet
Oxon & North Bucks County Championships	08/03/2014	David Murphy	1:01.34	100m IM	1:06.53	Natalia Druett	15/12/2018	SE Winter Championships 2018
ASA South East Region Winter Championships	07/12/2013	David Murphy	2:14.69	200m IM	2:21.93	Natalia Druett	03/11/2018	Swim England South East Open & Junior Champs
ASA South East Region Winter Championships	07/12/2013	David Murphy	4:44.41	400m IM	5:08.91	Natalia Druett	25/11/2018	WDSC Short Course (L3)
National Arena League - West Midlands Round 2	09/11/2019	Sebastian Rawes Ben Wright Rory King Ollie Devetta	1:42.88	Relay 4x50m Freestyle	1:53.68	Theodora Wornham Phoebe Paul Maddison Langley Lottie James	12/10/2019	National Arena League - West Midlands Round 1
National Arena League - West Midlands Round 2	09/11/2019	Sebastian Rawes Jonty Wright Rory King Ollie Devetta	1:55.49	Relay 4 x 50m Medley	2:02.65	Lottie James Natalia Druett Pia Forrestal Jana Cooper Marcos	10/02/2018	Oxon & North Bucks County Championships

## Abingdon Vale Swimming Club - Short Course Records



as @ 16th February 2024

16 YEARS & UNDER - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
Oxon & North Bucks County Championships	03/02/2024	Demetrios Gonias	23.71	50m Free	27.03	Jana Copper Marcos	16/02/2019	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	11/02/2024	Demetrios Gonias	51.94	100m Free	58.77	Shannon Motha	10/03/2013	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2013	Niall O'Leary	1:54.92	200m Free	2:07.93	Natalia Druett	16/02/2019	Oxon & North Bucks County Championships
ASA South East Region Winter Championships	01/12/2012	Niall O'Leary	4:06.58	400m Free	4:31.89	Olivia Law	20/02/2011	Oxon & North Bucks County Championships
Witney Autumn Distance Gala	12/11/2023	Demetrios Gonias	9:15.28	800m Free	09:19.38	Olivia Law	13/02/2011	Oxon & North Bucks County Championships
Unknown	06/12/1992	Paul Button	17:33.83	1500m Free	18:31.44	Nienke Lijzenga	20/11/2013	Unknown
Swim England South East - Winter Champ	04/11/2023	Demetrios Gonias	27.43	50m Back	29.23	Lottie James	07/12/2019	Swim England National Winter Champs 2019
ASA South East Region Winter Championships	01/12/2012	Niall O'Leary	57.97	100m Back	1:04.09	Lottie James	16/02/2020	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	17/03/2013	Niall O'Leary	2:01.02	200m Back	2:18.40	Olivia Law	06/03/2011	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2014	David Murphy	29.57	50m Breast	32.97	Natalia Druett	05/12/2019	Swim England National Winter Champs 2019
Swim England National Winter Championships	03/12/2022	Kayden Sillah	1:04.64	100m Breast	1:10.80	Natalia Druett	02/11/2019	SE Winter Championships 2019
Swim England National Winter Championships	04/12/2022	Kayden Sillah	2:21.77	200m Breast	2:30.84	Natalia Druett	16/12/2018	SE Winter Championships 2018
Swim England Winter Championships	16/12/2023	Demetrios Gonias	25.65	50m Butterfly	28.75	Emily Ford	07/02/2015	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	03/02/2024	Demetrios Gonias	58.75	100m Butterfly	1:03.07	Caitlin Wheatley	07/12/2013	ASA South East Region Winter Championships
Oxon & North Bucks County Championships	11/03/2012	Oliver Baboolal	2:16.55	200m Butterfly	2:15.44	Caitlin Wheatley	07/12/2013	ASA South East Region Winter Championships
Swim England Winter Championships	17/12/2023	Demetrios Gonias	59.60	100m IM	1:05.58	Natalia Druett	06/11/2019	Swim England National Winter Champs 2019
ASA South East Region Open & Junior Meet	02/12/2012	Niall O'Leary	2:09.74	200m IM	2:21.90	Natalia Druett	09/02/2019	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	16/02/2014	David Murphy	4:42.06	400m IM	5:07.69	Imogen West	31/05/2009	Tigersharks Last Chance
Oxon & North Bucks County Championships	16/03/2013	Michael Esnouf Niall O'Leary Eliot Rennie Nick Whitehead	1:40.69	Relay 4x50m Freestyle	1:51.54	Lottie James Jana Cooper Marcos Natalia Druett Theodora Wornham	09/02/2019	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2013	Niall O'Leary Michael Esnouf Murray Eccleston Eliot Rennie	3:43.52	Relay 4 x 100m Freestyle	4:16.54	J Thorne D Carter S Cundy Jo Tate	21/03/1999	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	09/03/2013	Niall O'Leary David Murphy Michael Esnouf Eliot Rennie	1:51.71	Relay 4 x 50m Medley	2:00.57	Lottie James Natalia Druett Pia Forrestal Jana Cooper Marcos	16/02/2019	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	16/03/2013	Niall O'Leary Michael Esnouf David Murphy Eliot Rennie	4:05.44	Relay 4x 100m Medley	4:27.12	Nienke Lizenga Ellie Nutt Caitlin Wheatley Shannon Motha	07/12/2013	ASA South East Region Winter Championships





## Abingdon Vale Swimming Club - Short Course Records

as @ 16th February 2024

OPEN - SHORT COURSE RECORDS								
Meet	Date	Men's Record	Time	Event	Time	Women's Record	Date	Meet
Guildford City Level 2 Winter Open Meet	19/11/2023	Joseph Bradshaw	23.39	50m Free	26.77	Natalia Druett	15/02/2020	Oxon & North Bucks County Championships
Hatfield National Qualifier – Summer meet	18/06/2022	Sebastian Rawes	50.56	100m Free	57.34	Natalia Druett	03/12/2021	Swim England National Winter Champs 2021
Oxon & North Bucks County Championships	12/02/2023	Sebastian Rawes	1:51.06	200m Free	2:07.93	Natalia Druett	16/02/2019	Oxon & North Bucks County Championships
ASA South East Region Winter Championships	07/12/2014	Niall O'Leary	4:00.49	400m Free	4:31.89	Olivia Law	20/02/2011	Oxon & North Bucks County Championships
Unknown	10/12/2014	Niall O'Leary	08:56.90	800m Free	09:19.38	Olivia Law	13/02/2011	Oxon & North Bucks County Championships
Unknown	10/12/2014	Niall O'Leary	16:49.81	1500m Free	18:31.44	Nienke Lijzenga	20/11/2013	Unknown
Oxon & North Bucks County Championships	12/02/2023	Sebastian Rawes	25.93	50m Back	29.23	Lottie James	07/12/2019	Swim England National Winter Champs 2019
ASA South East Region Winter Championships	07/12/2014	Niall O'Leary	56.10	100m Back	1:03.66	Lottie James	13/02/2022	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	15/02/2015	Niall O'Leary	1:58.94	200m Back	2:18.40	Olivia Law	06/03/2011	Oxon & North Bucks County Championships
ASA South East Region Winter Championships	01/12/2012	Alex Murphy	27.47	50m Breast	32.44	Ellen Bagley	16/12/2023	Swim England Winter Championships
Oxon & North Bucks County Championships	17/03/2013	Alex Murphy	1:01.49	100m Breast	1:10.06	Ellen Bagley	17/12/2023	Swim England Winter Championships
BUCS Short Course Swimming	20/11/2021	Connor Bryan	2:15.00	200m Breast	2:30.84	Natalia Druett	16/12/2018	SE Winter Championships 2018
Swim Wales Winter Championships	17/12/2022	Sebastian Rawes	24.88	50m Butterfly	28.67	Caitlin Wheatley	07/02/2015	Oxon & North Bucks County Championships
HATFIELD SUMMER MEET June 2023	25/06/2023	Sebastian Rawes	55.99	100m Butterfly	1:01.57	Caitlin Wheatley	15/02/2015	Oxon & North Bucks County Championships
Swim England South East - Winter Champ	05/11/2023	Jack Allman	2:09.15	200m Butterfly	2:12.95	Caitlin Wheatley	15/02/2015	Oxon & North Bucks County Championships
HATFIELD SUMMER MEET June 2023	25/06/2023	Logan Bryan	59.08	100m IM	1:05.48	Natalia Druett	04/12/2021	Swim England National Winter Champs 2021
Oxon & North Bucks County Championships	16/03/2013	Harry James	2:08.98	200m IM	2:21.37	Natalia Druett	08/02/2020	Oxon & North Bucks County Championships
Abingdon Vale Level X	28/06/2021	Nicholas Skelton	4:34.76	400m IM	5:01.80	Imogen West	08/11/2009	South East Winter Champs
Unknown	18/06/1988	S Glidewell A Abbey S Rhodes G Warwick	53.93	Relay 4x25m Freestyle	56.65	Amber Freeman Bethan Lillistone Kelsey Sym Liesl De Reuver	30/03/2019	Thames Valley Junior League 2019 - Round 2
Oxon & North Bucks County Championships	12/02/2023	Seb Rawes Joseph Bradshaw Edgar Stepluk Logan Bryan	1:34.37	Relay 4x50m Freestyle	1:50.59	Maddison Langley Lottie James Theodora Wornham Jana Cooper Marcos	06/02/2022	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	10/03/2013	Niall O'Leary Alex Murphy Harry James Michael Esnouf	3:32.52	Relay 4 x 100m Freestyle	4:08.61	Nienke Lizenga Caitlin Wheatley Millie Royal Ellie Nutt	15/02/2015	Oxon & North Bucks County Championships
Unknown	02/04/2003	A Gruler M Hudson R Field J Harrop	1:01.27	Relay 4x25m Medley	1:02.62	Amber Freeman Bethan Lillistone Kelsey Sym Liesl De Reuver	02/03/2019	Thames Valley Junior League 2019 - Round 1
Oxon & North Bucks County Championships	06/02/2022	Nicholas Skelton Connor Bryan Sebastian Rawes Joseph Bradshaw	1:43.72	Relay 4 x 50m Medley	1:59.59	Emily Ford Ellie Nutt Caitlin Wheatley Yasmin Tajalli	15/02/2015	Oxon & North Bucks County Championships
ASA South East Region Winter Championships	02/12/2012	Niall O'Leary Alex Murphy Harry James Michael Esnouf	3:51.48	Relay 4x 100m Medley	4:27.12	Nienke Lizenga Ellie Nutt Caitlin Wheatley Shannon Motha	07/12/2013	ASA South East Region Winter Championships

## Abingdon Vale Swimming Club - Short Course Records

as @ 16th February 2024



MIXED RELAYS - SHORT COURSE RECORDS								
Relay 4 x 50m Freestyle						Relay 4 x 50m Medley		
National Arena League - West Midlands Round 1	09/10/2021	Leone Bandini Sophie Yang Shania Mbaziira Satoshi Bagge	2:21.19	11 & UNDER	2:44.19	George Turner Katherine Elliott Satoshi Bagge Amber Clare	10/12/2022	National Arena League - West Midlands Round 3
National Arena League - West Midlands Round 3	10/12/2022	Zac Stoddart Gabriel Wornham Amber Paul Shalom Mbaziira	1:59.62	13 & UNDER	2:12.30	Amber Paul Gabriel Wornham Alfie Ambler Shalom Mbaziira	12/11/2022	National Arena League - West Midlands Round 2
National Arena League - West Midlands Round 2	13/11/2021	Edgar Stepliuk Amber Freeman Bethan Lillistone Adrien Stork-Wihlidal	1:50.81	15 & UNDER	2:02.14	Lucy Capper Elena Blake Alfie Ambler Gabriel Wornham	20/01/2024	Oxon & North Bucks County Championships
Oxon & North Bucks County Championships	20/01/2024	Joseph Bradshaw Jack Allman Lily Brabbin Ellen Bagley	1:42.24	Open	1:52.02	Jack Allman Ellen Bagley Joseph Bradshaw Lily Brabbin	20/01/2024	Oxon & North Bucks County Championships

Squadron (Mixed) 8 x 50 Freestyle relay				
National Arena League - West Midlands Round 3	09/12/2023	Lily Brabbin Elena Blaker Ziyang Yang Patricia Hughes Leone Bandini Cecilia Huepfl Gabriel Wornham Demetrios Gonias	3:55.53	Open