



## CITY OF OXFORD SWIMMING CLUB

Affiliated to South East Region ASA

### OXFORD JUNIOR L3 OPEN MEET 2010

(Under ASA law and ASA technical rules)

Level 3 Licensed by the ASA for entry into

County Championships

(L3 license 3SE applied for)

**Sunday 16th May 2010**

at

Temple Cowley Pools, Temple Road, Cowley, Oxford

# Entry Form

**One Entry Form per Swimmer. Please PRINT all details. Ages as 16<sup>th</sup> May 2010. Entry Fee £4.50 per event**

Surname	First Name	Date of Birth	
		Male	Female
Full Address		ASA Number	
		Club	

**All times submitted should be 25m (short course) times**

			Entry Time
50m	Freestyle	14/under	
100m	Freestyle	14/under	
200m	Freestyle	14/under	
50m	Backstroke	14/under	
100m	Backstroke	14/under	
50m	Breastroke	14/under	
100m	Breastroke	14/under	
50m	Butterfly	14/under	
100m	Butterfly	14/under	
100m	Individual Medley	14/under	

Total No. of Entries	Cost per Entry	TOTAL
	<b>£4.50</b>	
<b>Amount Due</b>		<b>£</b>

**Cheques payable to City of Oxford Swimming Club CLOSING DATE 23<sup>rd</sup> April 2010**

<p>I declare that the above details are correct and that I am eligible to compete in accordance with ASA Law, and that I accept the meet rules and conditions</p> <p><i>Signature of competitor</i></p> <p><i>Signature of parent* if under 16</i></p>	<p>I certify that the above information is correct</p> <p>Signature of club official</p> <p>Position</p> <p>Date:</p>
--	---

City of Oxford Swimming Club (affiliated to South East Region ASA)  
 The OXFORD JUNIOR L3 OPEN MEET 2010 (L3 license 3SE applied for)  
 (under ASA Laws & Technical Rules)  
 Sunday 16th May 2010  
 This event is Level 3 Licensed by the ASA for entry into County Championships

## Programme of Events

ORDER OF EVENTS - all events are heat declared winners

16th May 2010	16th May 2010
<p><b>SESSION 1      2.5 hrs</b></p> <p>1 G 100 BK            2 B 100 BK            3 G 50 FR            4 B 50 FR            5 G 100 FL            6 B 100FL            7 G 50 BR            8 B 50 BR            9 G 200 FR            10 B 100 IM</p>	<p><b>SESSION 2      2.5 hrs</b></p> <p>11 G 100 FR            12 B 100 FR            13 G 50 FL            14 B 50 FL            15 G 100 BR            16 B 100 BR            17 G 50 BK            18 B 50 BK            19 G 100 IM            20 B 200 FR</p> <hr style="width: 80%; margin-left: auto; margin-right: 0;"/> <p><b>SWIM SHOP</b>- srsleisure (srsleisure.com)            competitively priced for all your swim kit needs.</p> <p><b>REFRESHMENTS</b>            (to be confirmed)</p> <p><b>PARKING</b> – please follow directions from the pool to            alternative parking arrangements.</p> <p>C.O.S.C. Web site: -      <a href="http://www.oxfordswim.com">www.oxfordswim.com</a></p>

Please see conditions regarding acceptance of qualifying times in the event of the meet being over or under-subscribed

## **Promoter's Conditions**

- ÿ **Entries should be returned on the attached forms with the appropriate fee to City of Oxford Swimming Club at the address below. Photocopied entry forms are acceptable.**
- ÿ **The correct entry fees must accompany entries or they will be treated as incorrect. An A4 addressed envelope must accompany batch entries or they will be treated as incorrect.**
- ÿ **No other form of entry will be accepted and no entries will be accepted after the advertised closing date of 23<sup>rd</sup> April 2010.**
- ÿ **The Promoter reserves the right to refuse or restrict entries as required to meet the ASA conditions of Meet designation.**
- ÿ **All coaches, officials and chaperones must have relevant accreditation and be registered on the child protection database.**
- ÿ **Coaches are required to ensure that their swimmers adhere to the warm up procedure as announced or they may be requested to leave the pool.**
- ÿ **All competitors are required to ensure that they observe all safety announcements and conduct themselves in an appropriate manner at all times.**
- ÿ **Temple Cowley Pools have their own policy on photography. Photography will only be allowed if the pool requirements are met along with the strict ASA ruling. The promoter reserves the right to disallow any photography within its complex.**
- ÿ **Photographic equipment includes cameras, camcorders and mobile phones.**
- ÿ **The promoter reserves the right to alter or amend any of the published Rules and Conditions as necessary. Any situation not covered by the published Rules and Conditions will be handled at the discretion of the promoter. The promoter's decision shall be final.**
- ÿ **By submitting entries, consent is thereby given as required by the Data Protection Act 1998 to the holding of personal information on computer.**

**Email: [fixtures@oxfordswim.com](mailto:fixtures@oxfordswim.com)**

## **General Information**

- Venue** Temple Cowley Pools, Temple Road, Cowley, Oxford – map on website.  
Pool 25 metres, 8 lanes, Deck level, Anti-wave ropes.
- Timing** Colorado Timing System with full 8-lane display.
- Registration** All swimmers must be registered with the Amateur Swimming Association.
- Ages** as at 16th May 2010
- Sessions** **Coaches are to supervise swimmers during warm ups**
- |                          |                          |
|--------------------------|--------------------------|
| Session 1 - Warm up 0900 | Session 2 - Warm up 1330 |
| Start 1000               | Start 1430               |
| Estimated Finish 1700    |                          |
- Closing date** 23<sup>rd</sup> April 2010.
- Entry Fee** £4.50 per event. Club consolidated entries preferred.  
Cheques made payable to 'City of Oxford Swimming Club'
- Coaches** One Coach Pass per club free of charge, additional passes £10 per day. Coach Pass includes admission to poolside, one programme, one full set of results and buffet lunch. Packs will be available for collection from the entry desk on the day. Coaches, please wear your pass at all times.
- Parking** Parking at the pool is restricted to Officials and Helpers ONLY. Alternative parking options will be set out on the Swim Club website.
- Swim Shop** We expect to operate a swim shop during this meet with the latest swimwear and equipment.
- Warm-up** Coaches, please note you are responsible for your swimmers at all times. See warm-up information sheet for lane allocation.
- Results** Results will be posted on the poolside wall during the meet. We will endeavour to supply each club with a full set at the end of the meet, or can email to clubs if they wish. A full set of results will be available for the COSC website normally within 48 hours.[www.oxfordswim.com](http://www.oxfordswim.com)
- Cards** All re-entry cards should be posted in the boxes provided 60 minutes prior to the start of the session. Failure to comply could result in exclusion from the event.
- Refunds** Refunds can be collected from the entrance desk on the day. These may be included with the coaches' pass.
- Spectators** £4.50 – 2 sessions  
£2.50 – 1 session Programme £1.50  
Spectators with disabilities should inform the promoter prior to the meet. A separate viewing area will be made available if required.

## **Competition Rules**

- 1. The competition will be held under ASA Law and ASA Technical Rules.**
- 2. All entrants must be members of an Affiliated Club and Amateurs as defined ASA Law. ASA registration numbers must be included on the entry form.**
- 3. This event is a Level 3 Licensed Meet for entry in to County Championships, License Number 3SE\*\*\*\***
- 4. The pool is 25m, 8 lane deck level pool, with anti-turbulence ropes and electronic timing.**
- 5. All events will be heat declared winners**
- 6. Ages as at 16th May 2010**
- 7. Selection of swimmers will be based on their submitted short course entry time for each event as defined in the table of consideration times available with this pack.**
- 8. Heats will be swum with all age groups combined and swimmers seeded by entry times, with the slowest heat swum first. The last heat of HDW events and all finals will be swum in spearhead formation.**
- 9. If events are over-subscribed, the promoter reserves the right to return entries based on submitted entry times as follows:**
  - i) Each individual age group will be seeded on fastest entry times.**
  - ii) Shortfalls in one age group will be made up by acceptances from other age groups at the promoter's discretion.**
  - iii) The slowest entry times in each individual age group will be rejected at the promoter's discretion.**
- 10. There will be NO time trials**
- 11. Entry cards must be posted in the boxes provided at least 60 minutes before the published start. Failure to do so may result in a swimmer not being accepted for that event. The Chief Referee will inspect card boxes at the published closing time.**
- 12. Cards submitted after start lists have been produced will only be accepted at the discretion of the Meet Manager and will be subject to availability of empty lanes in the slowest heats.**
- 13. Cards for each event will be sent directly to the Stewards in the Competitors' Marshalling Area competitors.**
- 14. Competitors must report to the marshals at least one event before their own event and must remain in the marshalling area until called to compete.**
- 15. The competition will be held under the One Start rule and over the top starts will be at the discretion of the Referee.**

- 16. Awards will be made to the top 6 places in each age group for each event. Awards can be collected from the Medals Desk on poolside during the course of the Meet.**
- 17. Awards will be presented at the end of the Meet to the 'Top Girl' and 'Top Boy'. Awards will be calculated on the accumulation of points from all HDW.**
- 18. City of Oxford Swimming Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data handled such as name, club, recorded and entered times may be made public during or after the meet.**
- 19. City of Oxford Swimming Club and Temple Cowley Pools cannot be held responsible for any mistakes, omissions or any act beyond their control or responsibility.**
- 20. The promoter of the City of Oxford Swimming Club Junior Open Meet is the Meet Director, City of Oxford Swimming Club Committee.**

## Qualifying Times

### Ages at 16th May 2010 - 25m (Short Course) Times

BOYS						Short Course Pool Based on 35% of the National Level							GIRLS			
Upper Limits													Upper Limits			
14	13	12	11	10	9	Event	9	10	11	12	13	14				
30.9	32.6	34.5	36.6	38.5	41.4	50m Free	41.8	39.1	37.1	35.2	33.8	32.9				
1.06.3	1.10.0	1.14.3	1.19.1	1.24.3	1.33.1	100m Free	1.34.3	1.26.1	1.20.0	1.15.4	1.12.5	1.10.4				
2.24.6	2.32.5	2.41.7	2.51.7	3.02.4	3.19.1	200m Free	3.20.9	3.03.5	2.52.2	2.42.4	2.35.6	2.31.6				
39.1	41.3	44.3	47.2	50.4	54.2	50m Breast	55.0	50.8	47.5	44.7	42.6	41.3				
1.23.9	1.28.7	1.35.3	1.41.7	1.49.8	2.01.6	100m Breast	2.02.0	1.50.6	1.41.8	1.35.8	1.31.0	1.27.6				
33.8	35.8	38.1	40.3	43.1	46.6	50m Fly	47.1	43.1	40.7	38.5	36.8	35.7				
1.13.3	1.17.9	1.23.2	1.29.0	1.37.3	1.51.9	100m Fly	1.53.1	1.37.6	1.29.4	1.23.6	1.20.1	1.17.3				
35.3	37.1	39.6	41.8	44.3	47.8	50m Back	48.1	44.6	42.0	39.8	38.1	37.0				
1.14.0	1.18.5	1.23.8	1.28.9	1.36.2	1.45.0	100m Back	1.47.0	1.36.7	1.29.4	1.24.0	1.20.3	1.18.0				
1.17.0	1.21.9	1.27.3	1.32.4	1.37.8	1.45.4	100m IM	1.47.0	1.36.7	1.32.6	1.27.7	1.23.7	1.21.6				

*Qualifying times will restrict entries to events.*

**Should the number of heats have to be restricted to comply with ASA rules on session time, it may be necessary to reject swimmers. It is hoped these rejections will not occur. Qualifying times may be changed at the promoter's discretion.**

**Please return this form with:**

- Completed entry forms
- Cheque for the total amount shown below (one per Club)
- A4 stamped addressed envelope

**CLOSING DATE: 23<sup>rd</sup> April 2010**

**Club** .....

**Entry fees:**

Male entries ..... @ £4.50 per event = £ .....

Female entries ..... @ £4.50 per event = £ .....

Coach Passes (1 FOC) Nos ..... Saturday @ £10 = £ .....

**TOTAL:** £ .....

**(Please make cheques payable to City of Oxford Swimming Club)**

**Contact name (print)** .....

**Address** .....

.....

.....

**Tel** (daytime) ..... (evenings) .....

**Email address** .....

I certify that all information and stated entry times are correct

..... (Signature)

**Entries to: Denise Conway 65 Beech Road, Wheatley, Oxon OX33 1UR.**



**City of Oxford Swimming Club  
OXFORD Junior Level 3 Open Meet**

# Meet Officials

**Please return this form to:**  
**Denise Conway**  
**65 Beech Road,**  
**Wheatley,**  
**Oxon OX33 1UR.**

**[fixtures@oxfordswim.com](mailto:fixtures@oxfordswim.com)**

**If you are a qualified ASA official and would be willing to help at the above meet, we would be grateful for any assistance that you can offer. Please complete this form or provide the equivalent information by email, contact details as above.**

**Name:** ..... **Club:**.....

**Address:** ..... **Qualification:** *please tick where applicable*

..... **Referee** .....

..... **Starter** .....

**Tel:** ..... **Judge** .....

**Email:** ..... **Timekeeper**.....