

**OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA**

*Affiliated to the Amateur Swimming Association (South East Region)*

**County Championships and Age Group Competitions 2010**

(Under A.S.A. Laws & A.S.A. Technical Rules of Racing)

This event is licensed by the A.S.A. for entry into National Championships and Competitions.

**Temple Cowley, OXFORD**  
**Stantonbury Campus, MILTON KEYNES**  
**Aquavale Leisure Centre, AYLESBURY**  
**Aquavale Leisure Centre, AYLESBURY**

Sunday 14th February 2010 (800/1500m F/S)  
Sunday 21st February 2010 (400s)  
Saturday & Sunday 6th & 7th March 2010  
Saturday & Sunday 13th & 14th March 2010

Please use BLOCK CAPITALS and please ensure that this form is filled in fully and correctly otherwise your entry will not be accepted.

**Surname:** \_\_\_\_\_ **Forenames:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Age as at 14th March 2010** \_\_\_\_\_

**Registration No:** \_\_\_\_\_ **Club:** \_\_\_\_\_

**Male**

**Address:** \_\_\_\_\_

**Post Code:** \_\_\_\_\_ **Telephone No:** \_\_\_\_\_

Description of Event	No	Submitted time converted to 25m pool time	Date time achieved	Competition and venue at which time achieved
1500m Freestyle	1			
400m Freestyle	3			
400m Individual Medley	5			
100m Backstroke	10/11			
50m Freestyle	15/16			
200m Individual Medley	22			
100m Butterfly	26/27			
50m Breaststroke	31/32			
100m Individual Medley	36			
200m Butterfly	42			
200m Breaststroke	44			
100m Breaststroke	47/48			
50m Butterfly	52/53			
200m Freestyle	63			
100m Freestyle	69/70			
50m Backstroke	74/75			
200m Backstroke	83			

Submitted times must have been converted to a 25m pool time using the A.S.A. Equivalent Performance Tables which should be converted to one decimal place.

I hereby declare the above details are correct and that I am eligible to compete within the Laws of the Amateur Swimming Association and will abide by the conditions laid down by the Association for this Competition.

Signature of Competitor \_\_\_\_\_ Date: \_\_\_\_\_

I certify the above information is correct: \_\_\_\_\_ Signature and position of Club Official

Return the completed form, together with the entry fee of £4.50 per event to your club coach/club official.

Closing date for all entries – **Monday 25th January 2010.**

LATE/ INCOMPLETE/ INCORRECT ENTRIES WILL NOT BE ACCEPTED.

The Promoter reserves the right to ask for proof of times submitted.